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C. ANTHONY WAINWRIGHT NAMED DIRECTOR OF GALAXY NUTRITIONAL FOODS

Replaces Newly Elected EDS (NYSE: EDS) Chairman & CEO Michael H. Jordan

ORLANDO, Florida (April 4, 2003) - Galaxy Nutritional Foods (AMEX: GXY), the leading producer of nutritious plant-based dairy alternatives for the retail and foodservice markets, announced the appointment of C. Anthony Wainwright, a nationally recognized and highly regarded consumer advertising and marketing expert, as a member of its board of directors.

Mr. Wainwright currently serves on the boards of four other public companies including vice-chairman of Arnold Worldwide Partners of Boston, MA, a \$2.5 billion advertising agency representing such major clients as Procter & Gamble, Coors, Volkswagen, Monster.com and Fidelity. He is a former vice-chairman of McKinney & Silver (1997- 2001); chairman of Compton Partners/Saatchi & Saatchi (1990-1995); and chief executive officer of the Bloom Companies (1980-1989). Over his many years in advertising, he was responsible for many successful brand introductions and turnarounds. Mr. Wainwright has headed up some of America's largest advertising accounts including Texaco, Traveler's, Anheuser-Busch, Audi, Aetna/US Healthcare and Johnson & Johnson.

Mr. Wainwright replaces Michael H. Jordan who was recently named chairman and CEO of EDS (NYSE:EDS), the leading global information technology (IT) services company serving major corporations and governments in sixty countries. Mr. Jordan is the former chairman and CEO of CBS Corporation and a director of Dell Computer.

Charles L. Jarvie, Galaxy's chairman of the board stated, "On behalf of Galaxy's board of directors, we thank Michael Jordan for serving as a director and understand the time requirements his new position with EDS will demand. We wish him much success. We are very fortunate to have replaced him with an equally strong director in Tony Wainwright. Sharing his vast knowledge with our team as one of the foremost consumer marketing experts, Tony will provide Galaxy with invaluable marketing input and help the company realize its marketing potential. His key role in many successful marketing turnarounds such as Ben & Jerry's, will no doubt assist us greatly. We look forward to working with him toward a more successful Galaxy" Mr. Jarvie concluded.

About Galaxy Nutritional Foods®, Inc.

Galaxy Nutritional Foods® is the leading producer of health-promoting plant-based dairy and dairy-related alternatives for the retail and foodservice markets. An exclusive, new and technologically advanced, safer “hot process” is used to produce these phytonutrient-enriched products, made from nature’s best grains – soy, rice and oats. Veggie products are low fat and fat free (saturated fat and trans-fatty acid free), cholesterol and lactose free, are growth hormone and antibiotic free, and have more calcium, vitamins and other minerals than conventional dairy products. Because they are made with plant proteins, the products are more environmentally friendly and economically efficient than dairy products derived solely from animal proteins. Galaxy’s products are part of the healthy and natural foods category, the fastest growing segment of the retail food market. Galaxy brand names include: Galaxy Nutritional Foods®; Veggie®; Nature's Alternative™; Veggie Lite Bakery™; Veggie Café™; Soyco®; Soymage®; Wholesome Valley®; Lite Bakery®; and formägg®. For more information, please visit Galaxy's website at: www.galaxyfoods.com.

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