

**P R E S S R E L E A S E**

Press Page

July 6, 1999
Orlando, FL

Contact: Tracy Rushwin
(407) 855-5500, extension 105

GALAXY FOODS TO OPEN VEGGIE CULINARY SCHOOL FOR HEALTHIER EATING

ORLANDO, FLORIDA (July 6, 1999) - Galaxy Foods Company (NASDAQ: GALX), makers of health-promoting dairy and dairy-related alternatives, is pleased to announce plans for its first on-site culinary school scheduled to open this fall. This comprehensive and free program is designed to assist chefs and other food professionals from around the world in creating healthier menu items utilizing Galaxy's Veggie brand line of products, the leader and fastest growing line of dairy alternatives in America. Phytonutrient enriched Veggie products are low in fat, have no cholesterol and are lactose free.

Certified executive chefs will apply their culinary creativity and take participants through complete menu development including creation, design and costing. The end result will be a printed, professionally designed and free customized menu featuring an array of incredibly delicious and wonderfully nutritious culinary masterpieces. A certificate of achievement accrediting attendees will be awarded upon completion of the course.

The "Veggie" Culinary School will be marketed to restaurant or foodservice operators who wish to meet the ever-increasing customer demand for healthier menu choices that cater to current trends and discriminating tastes. The Pepsi-Cola Company, which has a strategic marketing relationship with Galaxy, has agreed to recommend the culinary school to relevant restaurant customers as a value-added feature.

Angelo S. Morini, President & CEO stated, "This is an exciting and timely concept for the foodservice industry. We will demonstrate how breakfast, lunch and dinner dishes as well as desserts and smoothie drinks can be easily transformed into healthier menu choices without sacrificing taste or quality. Sbarro, the famous Italian eatery, was the first fast food restaurant to offer a lower fat pizza topped with Galaxy's low fat, lactose free mozzarella. It has been a tremendous success for them. Education is key and Galaxy's "Veggie" line of products are the perfect solution."

Galaxy Foods Company is the leading producer of health-promoting dairy and dairy-related alternatives for the retail, foodservice and industrial markets. These plant-based products, which are low or no fat (no saturated fat), have no cholesterol and no lactose and contain more vitamins and minerals than conventional dairy products, are part of the nutraceutical or functional food category, the fastest growing segment of the retail food market. The Company also markets conventional dairy products for all three channels of distribution. Galaxy brand names include Veggie Slices, Veggie Milk, formägg, Soyco, Soymage, Wholesome Valley, and Lite Bakery. For more information, contact Tracy Rushwin at (407) 855-5500, extension 105. You may also obtain more information from Galaxy's web site at www.galaxyfoods.com.
