



Parents of Children With Food Allergies Survey

September 2011

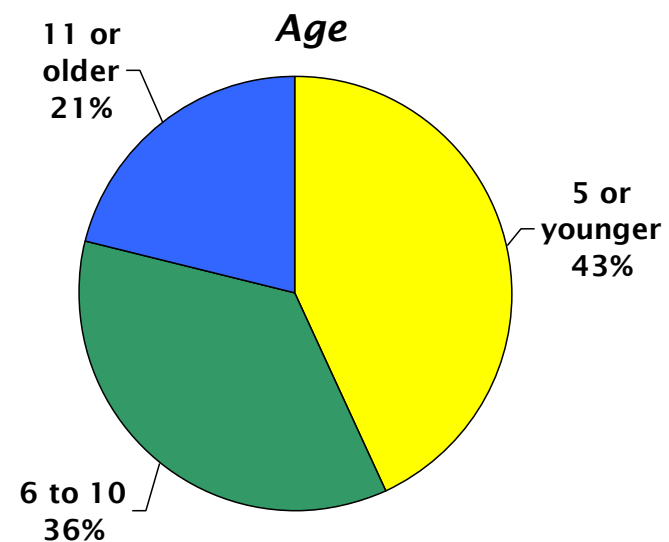
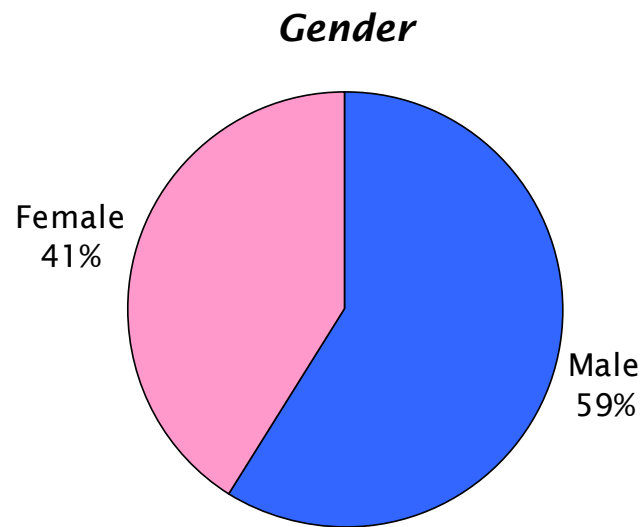


Summary of Survey

- In August 2011, Galaxy Nutritional Foods and The Food Allergy & Anaphylaxis Network (FAAN) conducted a national survey of parents of children with food allergies.
- The **goal of the survey** was to explore parent's perspectives on the issue of food allergies in their families, specifically the emotional toll these conditions can sometimes take on both parents and children.
- Prior to taking the survey, candidate respondents were screened for eligibility to assure they were indeed the parent of a child with a food allergy.
- A total of **1,046 parents were deemed eligible** and began the survey; because the study did not force a response to all questions, the base of respondents fluctuates somewhat from the total eligible sample of 1,046 respondents.
- The survey was developed collaboratively by **Critical Insights, Galaxy Nutritional Foods, and FAAN.**



Child Profile: Gender and Age

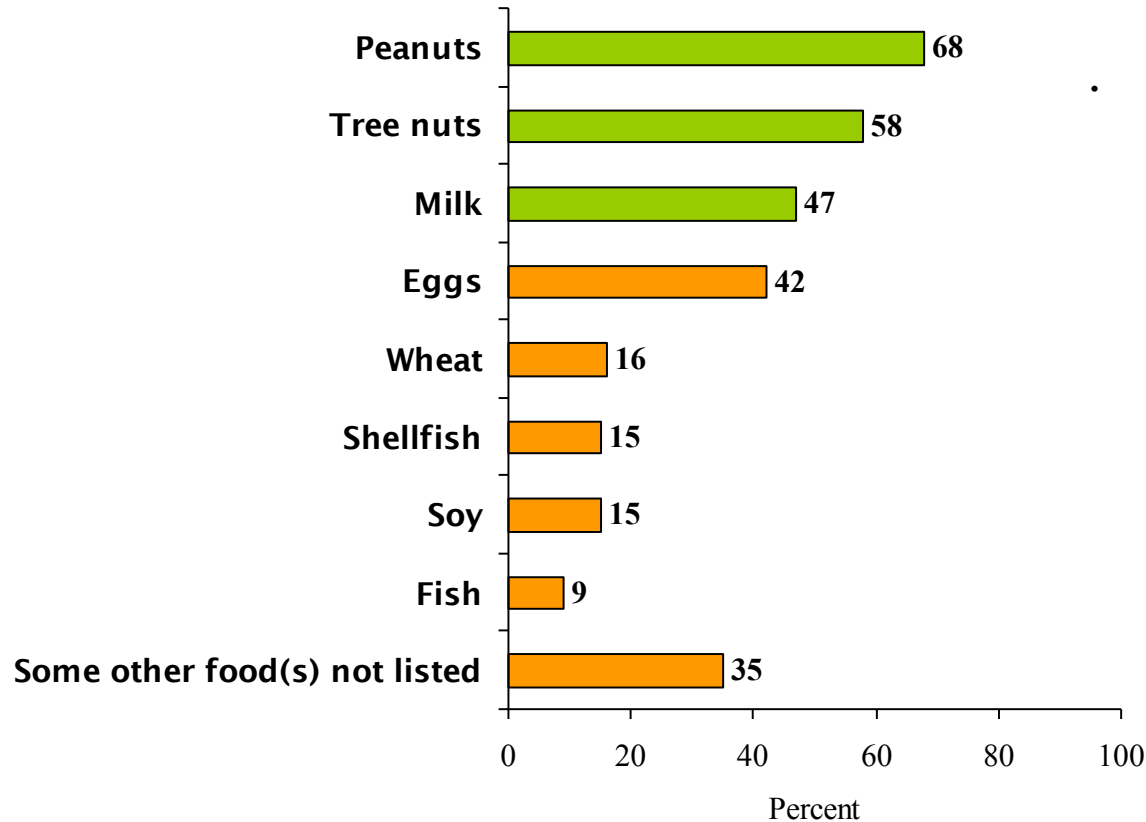


- A majority of parents (59%) responded in reference to a male child, and 41% from parents of a female child.
- In regard to age, 43% of the study sample reflects responses from parents of children age 5 or younger, 36% from those with children age 6 to 10, and the remaining 21% from those with children age 11 or older.



Type of Food Allergies

To what foods is this child allergic? Please select all listed foods below that apply.

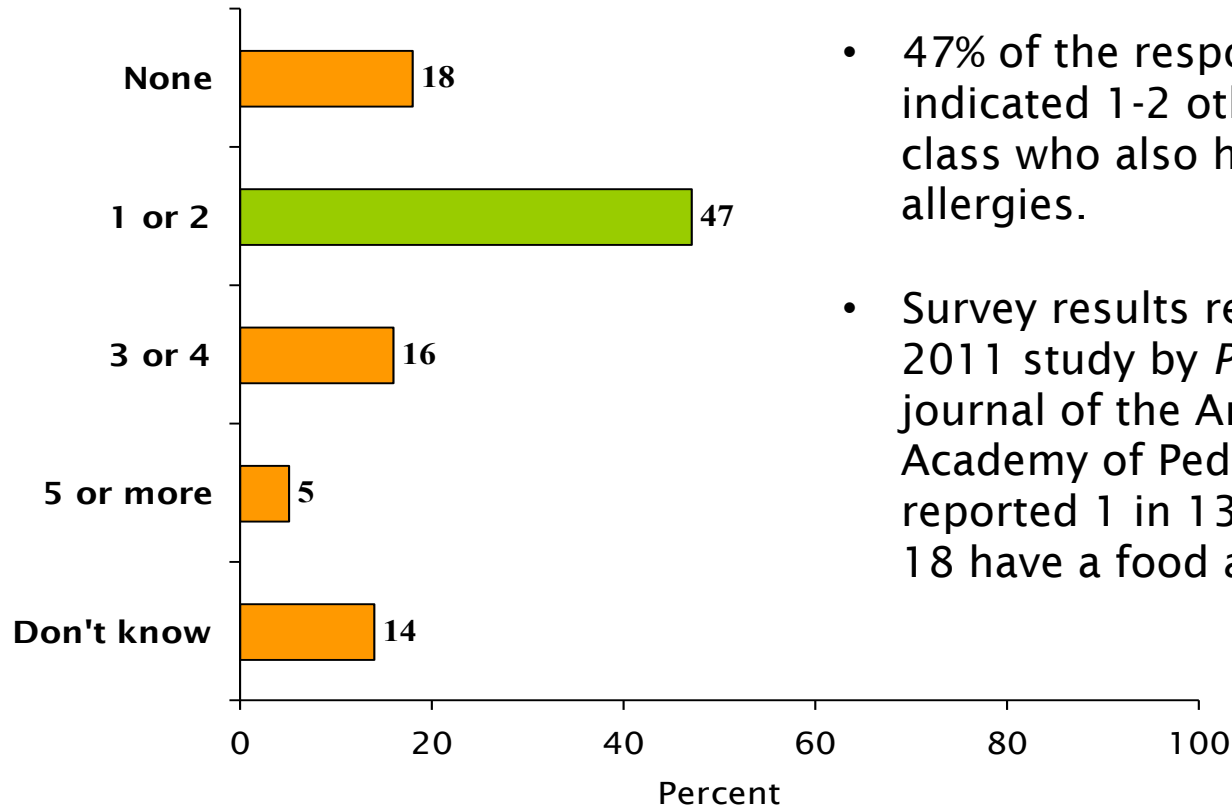


- Parents of children with a food allergy noted a wide range of unsafe foods, with **peanuts and tree nuts** being the most common allergens, followed by **milk**.



Number of Children in Class with Food Allergy

What would you estimate is the number of children in your child's class who also have a food allergy?

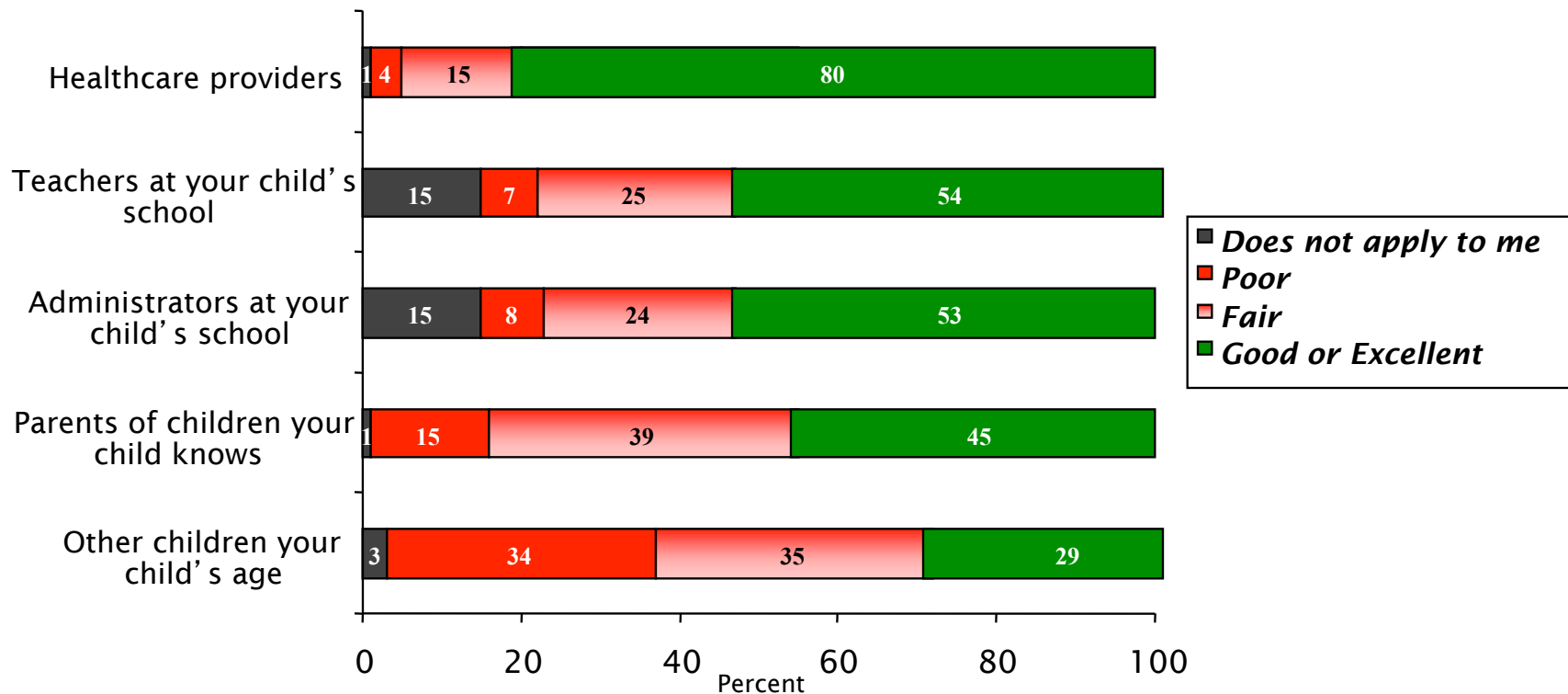


- 47% of the respondents indicated 1-2 other children in class who also have food allergies.
- Survey results reaffirm the June 2011 study by *Pediatrics*, the journal of the American Academy of Pediatrics, which reported 1 in 13 children under 18 have a food allergy.



Understanding Various Groups

Using the scale below, please tell us how well or poorly each of the following groups of people understand your child's condition.

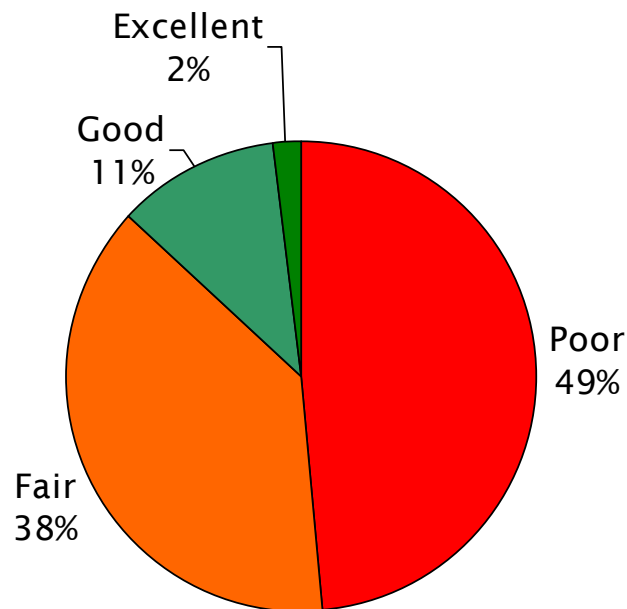


- 5 • The majority of parents felt that school personnel (teachers 54% and administrators 53%) have an excellent or good understanding of food allergies.



Understanding Differences Between Food Allergy & Food Intolerance

In general, how well do you believe people understand the difference between your child's condition - a food allergy - and a food intolerance?



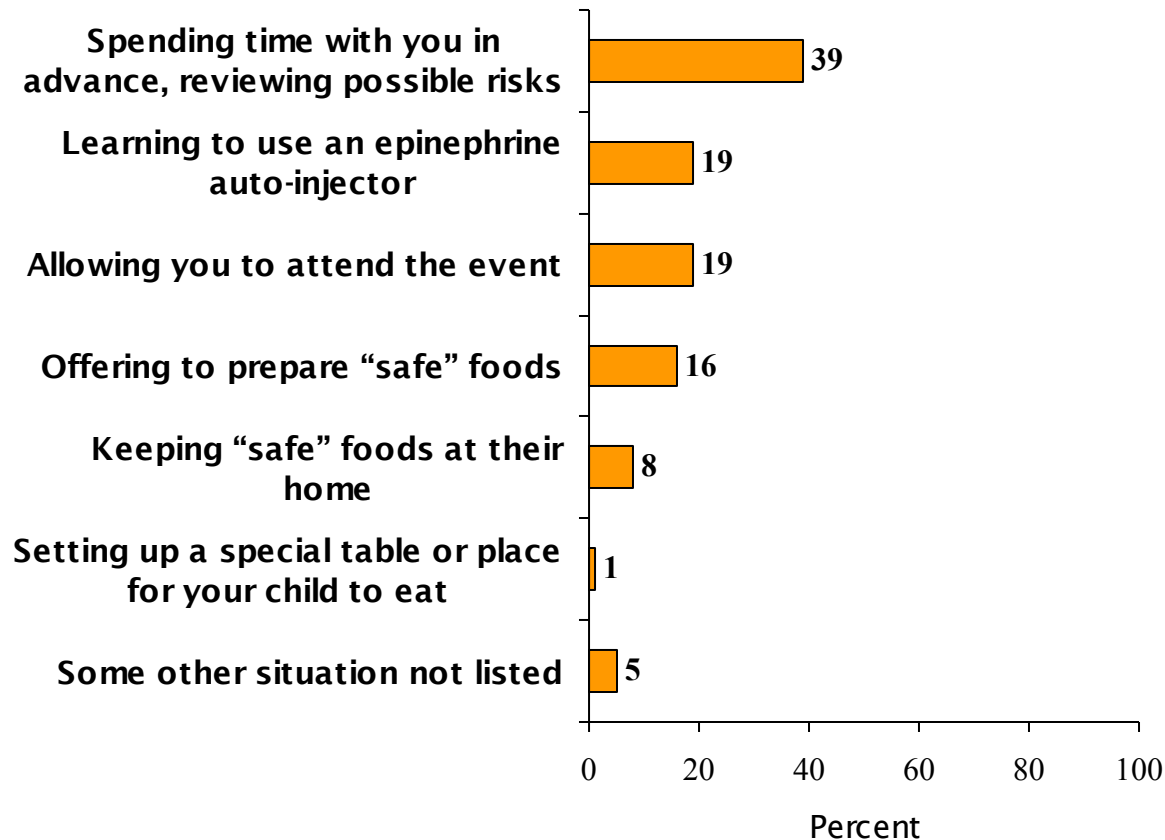
- Nearly half of parents believe that **people generally have a poor understanding** of the differences between food allergy and food intolerance.

Note: Those parents who believe that food allergy has had a stronger impact on their child's quality of life are more likely to see society's understanding as poor.



Understanding and Helpfulness of Other Parents

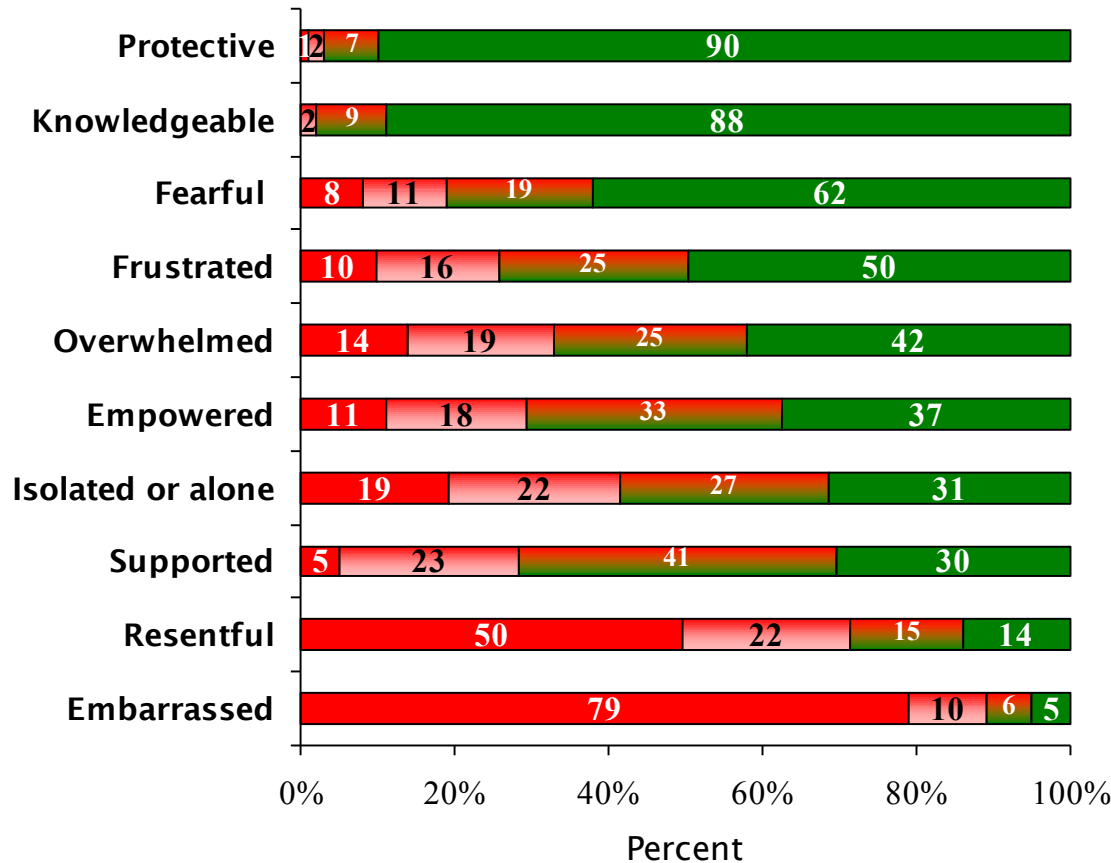
Listed below are several actions parents or other adults who might be hosting your child (at a play date or sleepover) can take to make the process easier. Please select the one that you believe would be most helpful to you as a parent of a child with a food allergy.



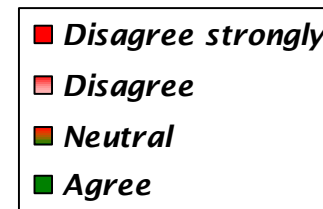


Parents' Feelings Regarding Food Allergy

On a scale of 1 to 5 (1 meaning strongly disagree and 5 meaning strongly agree), rank how the following words or phrases apply to how you as a parent feel about managing your child's food allergies.



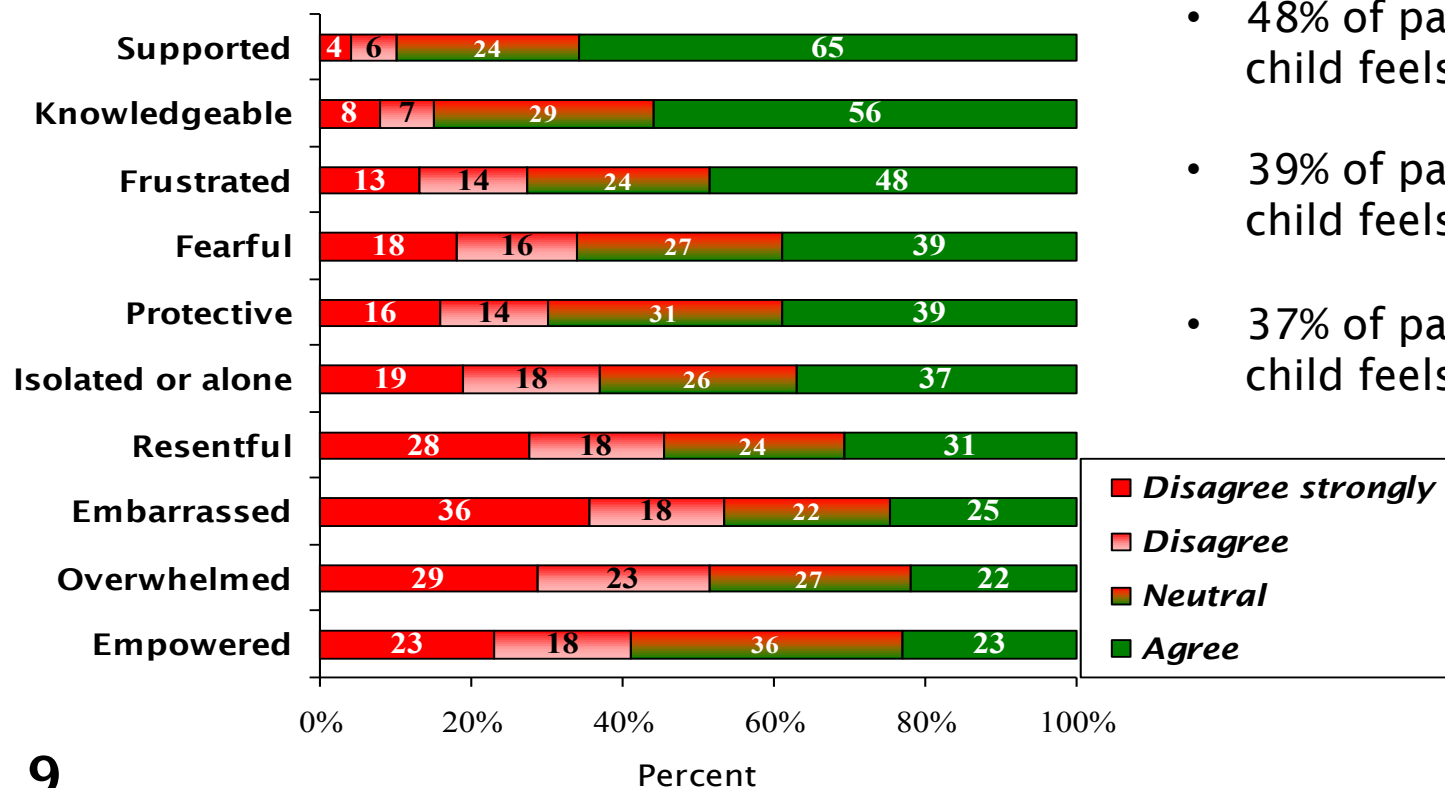
- 90% of parents feel **protective**
- 62% of parents are **fearful**
- 50% of parents are **frustrated**





Parents' Perceptions of Child's Feelings Regarding Food Allergy

On a scale of 1 to 5 (1 meaning strongly disagree, 5 meaning strongly agree) rank how the follow words or phrase apply to how your child feels about his or her food allergy.

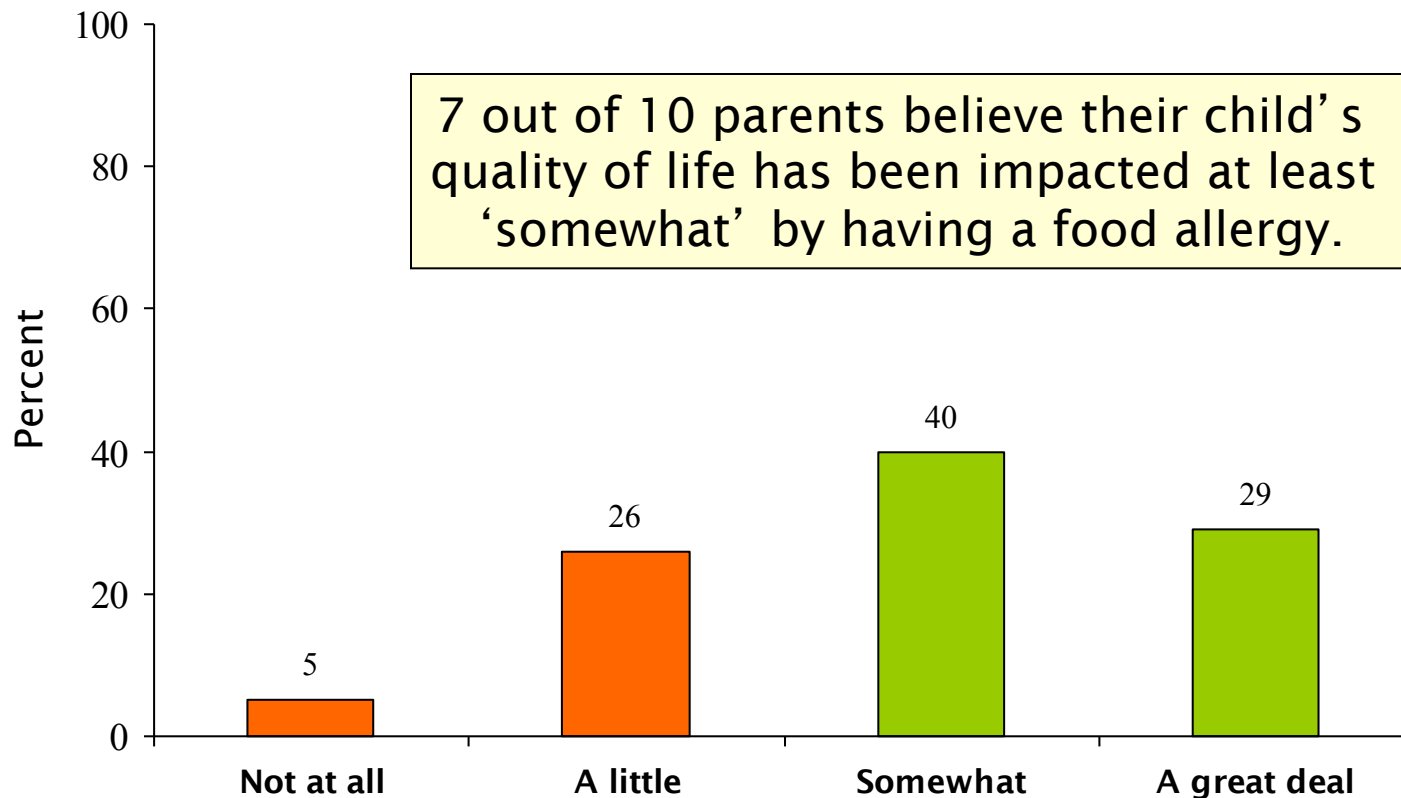


- 48% of parents feel their child feels **frustrated**
- 39% of parents feel their child feels **fearful**
- 37% of parents feel their child feels **isolated**



Parents' Perceptions of Impact on Quality of Life

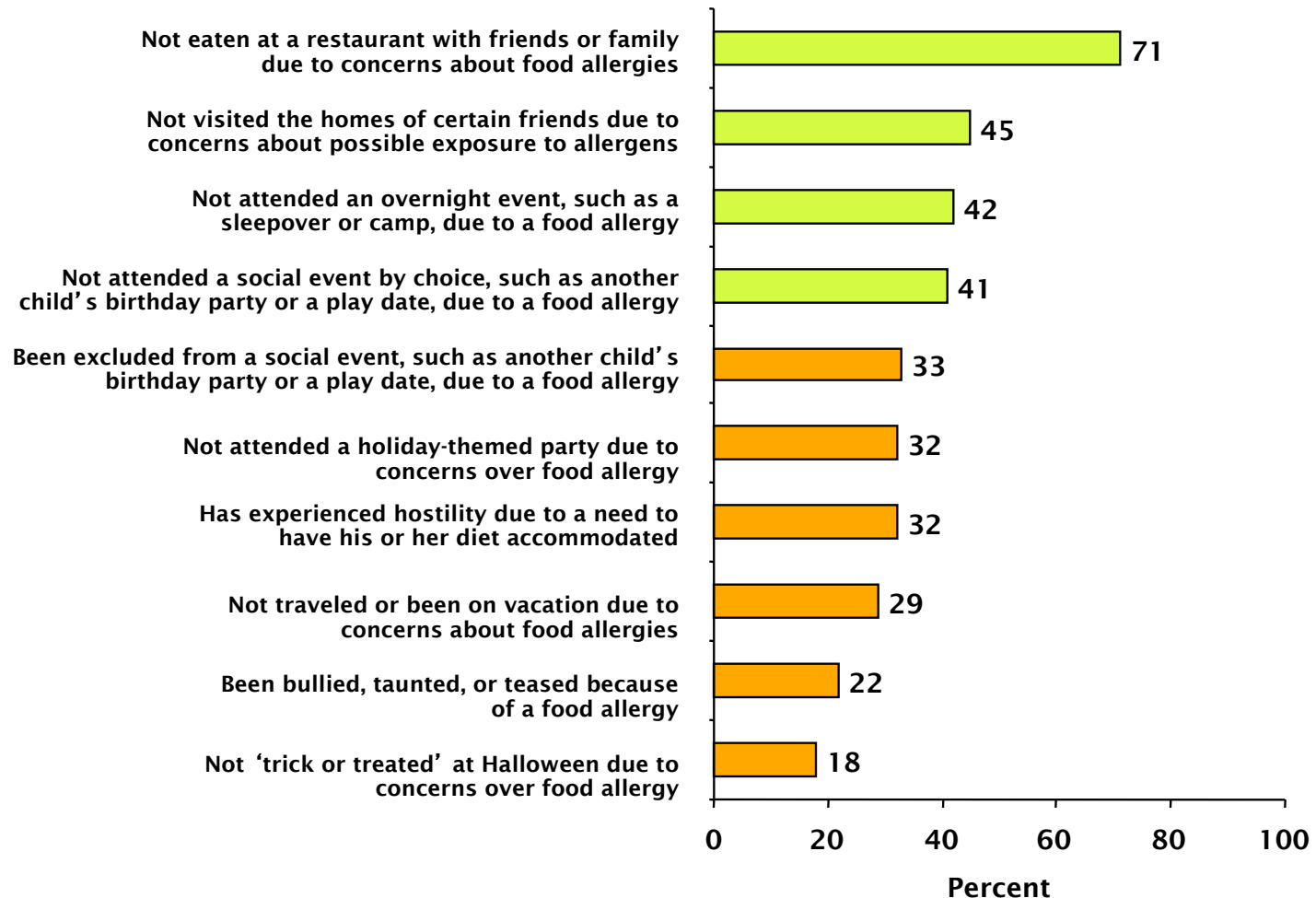
Overall, how much do you believe your child's quality of life is being impacted by his or her food allergy?





Food Allergies Impact Life Events

Have any of the following situations applied to your child? Please choose all that apply.





Thank you!

For more information about Galaxy Nutritional Foods:
<http://www.galaxyfoods.com>

For more information about FAAN:
<http://www.foodallergy.org/>

